

Sun Mon Tue Wed Thu Fri Sat



Arthritis Awareness Month
 Leukemia and Lymphoma Awareness Month
 Muscular Dystrophy Month
 Ovarian Cancer Awareness Month
 Reye's Syndrome Awareness Month
 Sickle Cell Disease Awareness Month



The foundation of every state is the education of its youth.
 Diogenes

September

Find us on **Facebook**
 H.O. # 250.727.3891

BeConnected
 Support Services Ltd.
 Ready Support. Go.

\$3.00 Drop-in fitness health programs:
 Pearkes GYM Mon - Fri 1:00 & 3:30pm
 GordonHead GYM Mon, Wed, Fri 12:00 & 2:30pm
 Pearkes SKATE Mon, Wed 3:15 to 4:15pm;
 Gordon Head SWIM Sat & Sun 11:00am to 12noon

Free Legal Clinic
 Tuesdays 2 - 3pm
 Burnside Gorge
 Community Centre
 for appointment
 250-388-5251

1
 Community Inclusion
 Month - What are You
 doing to Celebrate?

New Moon

2
 Happy Birthday
 Bruce

Annual Saanich Fair @

3
 Happy Birthday
 Rosalyn

Saanich Fairgrounds
 Oak Bay Rec
 11:30 - 1:00
 FREE!

4

Annual Saanich Fair @

5 Labour Day

Saanich Fairgrounds

6 First Day
 Back to School

7

8

9

Fetal Alcohol
 Syndrome
 Awareness Day

10 ONE DAY
 10:00 - 3:00
 Topaz Park.

Suicide Prevention
 Day

11 Eid al Adha
 11 - 14

12 Adapted Fitness
 @ the Vic West
 Community Assoc.
 \$2.00 - EVERY MONDAY
 11:15am-12:00pm

13 All
 Abilities Dancing
 Vic West
 Tuesdays
 6:15 - 6:45pm

14

15

World Lymphoma
 Awareness Day

16 Women's Club
 A
 Day @ Luxton
 Fair

Full Moon

17

Oak Bay Rec
 11:30 - 1:00
 FREE!

18

19 No School
 Professional
 Development Day
 Victoria District

20

21 BeConnected
 SPC Meeting
 11:00am

World Alzheimer's
 Day

22 Mabon
 Fall Equinox

23

24

Oak Bay Rec
 11:30 - 1:00
 FREE!

25

International
 Ataxia Awareness Day

26

27 Happy Birthday
 George

28

29 LAST Thursday
 each month
 \$5 soup + bun
 Pearkes Rec 12 - 2pm

World Heart Day

30

Mon - Fri
 2:00 to 2:30pm @
 www.coopradio.org

JDF Social Club Dance
 Wed @ 7:00
 @ Juan De Fuca
 \$3.00 @ door.
 \$38.50 for season pass