



# November 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>November is: Indigenous Disability Awareness Month, <b>CPR Awareness Month</b>; Crohn's and Colitis Awareness Month; Diabetes Awareness Month; Huntington's Awareness Month; <b>Osteoporosis Month</b>; Pancreatic Cancer Awareness Month, Lung Cancer Awareness Month, Fall Prevention Month, National Domestic Violence Awareness Month, <b>November</b>, and <b>Hindu Heritage Month!</b></p>		<p><b>SAVE THE DATE</b>  <b>BECONNECTED'S ANNUAL FRIENDS &amp; FAMILY HOLIDAY LUNCH</b>            December 7<sup>th</sup>            Four Points by Sheraton Victoria            Stay tuned for more information!</p>		<p>☾ New Moon</p> <p><b>Community Soup Lunch</b>            Victoria Native Friendship Centre            Every Friday            12pm-1pm FREE</p>	<p>1 <b>All Saints' Day</b> †</p> <p><b>Music Therapy</b>            @ Tamarack            Fridays 11am-12pm</p> <p><b>Gorge Park Pumpkin Parade</b>            Gorge Park (by Orillia)            3-5pm Jack-o-Lantern Drop Off            6-8pm Pumpkin Parade            Free Hot Chocolate &amp; Treats</p>	<p>2 <b>All Souls' Day</b> †</p> <p><b>Dia De Los Muertos</b></p> <p><b>Halloween Party</b>            12pm-2pm @ Tamarack</p> <p><b>Pumpkin Smash</b>            12-2pm @ Colwood City Hall</p> <p><b>Happy Birthday Helen</b></p>
3 <b>Daylight Saving Time Ends</b>	4	5	6	7 <b>International Inuit Day</b>	8 <b>National Aboriginal Veterans Day</b>	9
<p>Don't Forget to <b>FALL BACK!</b></p>	<p><b>Sensory Swim</b>            1:00-3:00pm            @ Gordon Head Rec</p>	<p><b>Free Legal Clinic</b>            Burnside Gorge Centre            Every Tuesday from 2-3pm            15 min. phone apt.            Call 250.388.5251 to book</p> <p><b>ID Clinic</b>            1:00am-1:00pm            Salvation Army ARC</p>	<p><b>Outreach Soup &amp; Suds</b>            Launchpad            12pm-4pm</p> <p><b>Drop In Floor Hockey for Adults with Diverse Abilities</b>            2:30-4:00pm            Vic West Community Centre</p>	<p><b>Sensory Skate</b>            10:00-10:50am            @ Panorama Rec            Every Thursday</p>	<p><b>FREE Integrated Swim</b>            11:00am-1:00pm            @ Oak Bay Recreation</p>	
10	11 <b>Remembrance Day</b>	12	13	14	15	16
<p><b>Creative Craft Fair (Fri-Sun)</b>            Pearkes Rec Centre            \$6.75 or \$7.50 for all 3 days            Fri 11am-7pm            Sat 10am-5pm            Sun 10am-4pm</p>	<p>Remembrance Day            Ceremonies across all municipalities</p>	<p><b>SIVA</b> @ the Launchpad</p> <p><b>SABF</b>            11:30am-1pm            Esquimalt Gorge Pavilion</p> <p><b>ID Clinic</b>            1:00-3:00pm @ Our Place</p>	<p><b>SIVA</b> @ the Launchpad</p> <p><b>Outreach Drop In</b>            12pm-4pm @ the Launchpad</p> <p><b>Drop In Floor Hockey</b>            2:30-4:00pm            Vic West Community Centre</p>	<p><b>Sensory Skate</b>            10:00-10:50am            @ Panorama Rec</p>	<p><b>Festival of Trees</b>            Nov 15-Jan5            @ the Bay Centre</p> <p>☽ Full Moon</p>	<p><b>FREE Integrated Swim</b>            11:00am-1:00pm            @ Oak Bay Recreation</p> <p><b>2SLGBTQ+ Swim</b>            9:30-11:00pm            @ Gordon Head Rec</p>
17	18	19	20	21	22	23
<p><b>Sooke Arts &amp; Crafts Christmas Show (Fri-Sun)</b>            Sooke Community Hall            Free Admission            Fri 12pm-7pm            Sat 10am-5pm            Sun 10am-4pm</p>	<p><b>SPG Society Monthly Movie: Wonka</b>            Free 6-9pm            Snacks &amp; Refreshments            Eric Martin Pavilion Theatre</p> <p><b>SD63 pro-d day</b></p>	<p><b>Central Orientation</b>            BSS Head Office</p>	<p><b>ID Clinic</b>            1-3pm @ SVDP Social Concern Office (833 Yates St)</p> <p><b>Outreach Drop In</b>            12pm-4pm @ the Launchpad</p> <p><b>Drop In Floor Hockey</b>  <b>New Time!</b> 1:00-2:30pm  <b>New Location!</b> SJ Willis Gym</p>	<p><b>Sensory Skate</b>            10:00-10:50am            @ Panorama Rec</p>	<p><b>Duncan Christmas Kick Off</b>            5-9pm Downtown Duncan            Santa, Fireworks, Music, Entertainment, &amp; Treats</p> <p><b>SD61 &amp; SD62 pro-d day</b></p>	<p><b>FREE Integrated Swim</b>            11:00am-1:00pm            @ Oak Bay Recreation</p> <p><b>West Coast Craft Market</b>            11am-4pm            Oaklands Community Centre            \$5 Suggested Donation</p>
24	25	26	27	28	29	30
	<p><b>Sensory Swim</b>            1:00-3:00pm            @ Gordon Head Rec</p> <p><b>Happy Birthday Bernice</b></p>		<p><b>ID Clinic</b>            11am-1pm @ GVPL Central</p> <p><b>Outreach Drop In</b>            12pm-4pm @ the Launchpad</p> <p><b>Drop In Floor Hockey</b>            1:00-2:30pm            SJ Willis School Gymnasium</p>	<p><b>Sensory Skate</b>            10:00-10:50am            @ Panorama Rec</p>	<p><b>Deck the Stall (Sat Nov 30)</b>            10am-2pm @ Victoria            Therapeutic Riding Association            Barn Tours, &amp; Holiday Photos            with the Horses - by donation</p>	<p><b>FREE Integrated Swim</b>            11am-1pm @ Oak Bay Rec</p> <p><b>WinterFest</b>            10am-5pm @ RBCM            Free indoor/outdoor multicultural holiday market</p> <p><b>Santa Claus Parade</b>            5pm - Downtown Victoria</p>